

We treat many conditions including:

- Back and neck pain
- Sports injuries
- Osteoarthritis
- Work related conditions
- Rehab after surgery
- Pregnancy related problems

“After sitting with my legs crossed for long hours for 5 years at my office’s desk, my lower back started to seriously hurt and I was really impaired in my movement, flexibility and ability to stand for long periods...”

“My wife recommended Ealing Physio... the therapist diagnosed the cause of my pain thoroughly and quickly.

“... after my very first session, I was able to feel the benefits. 5 sessions later and I am back like new!... I wish I went there sooner. I strongly recommend them.”

DM

Contact Us

Ealing Physio

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Creatively developed by www.starcopywriting.com

EalingPhysio

Specialist Musculoskeletal Clinic



We will diagnose the problem or cause
Apply the best 'hands-on' evidence-based therapy
Prescribe exercises

To help you...

Get Better Faster

“We help adults and children to overcome pain and injury.”
Team Ealing Physio



Keeping You Active

Christina Carlsen, founder and practice owner has established successful practices in Denmark, the Middle East and London

“I wanted to develop a London based practice (est. 1990) which offered outstanding physiotherapy expertise and long-term results. ALL our patients benefit from a collective experience and caring commitment from the physiotherapists and supporting team.”

Christina Carlsen



Why YOU Should Choose Ealing Physio

Ealing's Leading Physiotherapy Practice
Outstanding centre of excellence for the treatment of musculoskeletal (MSK) conditions and sports injuries

Real time ultrasound scanner - state of the art machine for muscle retraining, monitoring of recovery and supplementation of clinical diagnosis



Karthik using real time ultrasound scan

- Specialist MSK (musculoskeletal) clinic
- Injections to joints and muscles under ultrasound scan guidance and administered by a *highly trained extended scope practitioner physiotherapist* (ESP)
- Combat pain quickly and efficiently
- Increased sporting potential through bespoke rehabilitation programmes (not generic exercises) and Functional Movement Screenings
- Help avoid recurrence of the same problem by treating the underlying issue
- Well-equipped gym/rehab area at the practice
- Western Acupuncture (where appropriate) to complement physiotherapy
- 'Hands on' (manual therapy) treatments using evidence-based practise
- Combined expertise of over 40 years

Every effort will be made to offer an appointment on the same day.

“We aim to give you the ‘tools’ necessary for self-treatment. Also by understanding and treating the underlying cause, together we will prevent the problem from coming back.”
Christina Carlsen

**Ealing
Physio**



Keeping You Active